



INTERNATIONAL Women's DAY

Events calendar 2019

Campbelltown City celebrates International Women's Day with a host of community events, offers and initiatives aimed at inspiring and empowering women, and helping to strengthen the equality and respect between men and women.

Throughout the month of March, there are a range of events and opportunities for women across the city to develop new skills, strengthen their independence and increase their knowledge.

We encourage you to share these opportunities with the women in your lives.

For more information, please visit Council's website:
www.campbelltown.nsw.gov.au/women

Campbelltown City Council

Stories from our Community

A morning of inspirational speakers, a delicious morning tea and opportunity to chat to women in your local community.

Date: Tuesday 5 March 2019

Time: 10.30am to 12pm

Venue: Greg Percival Community Centre, Cnr Oxford & Cumberland Rd, Ingleburn

Cost: Free

Bookings: www.campbelltowncitylibrary.eventbrite.com

Fernwood Fitness

FREE Classes at Fernwood Fitness!

Fernwood Fitness Macarthur Square are opening their group classes to all women for free during staffed hours on Wednesday 6 March. Bookings are not required however a health screen must be completed before attending any classes. Current class timetable is available online: www.fernwoodfitness.com.au/Clubs/NSW/Campbelltown/

Date: Wednesday 6 March 2019

Time: 9am to 7pm (Staffed Hours)

Venue: Macarthur Square Shopping Centre, Kellicar Road, Campbelltown

Cost: Free

Macarthur Diversity Services Initiative

Butterfly: Empowering Women's Health

A free health information session for women on breast screening and cervical screening.

Date: Thursday 7 March 2019

Time: 10am to 1pm

Venue: 127 Dumaresq Street, Campbelltown

Cost: Free

Bookings: Jacqueline Lobo, MDSI CAPP Coordinator
on 4627 1188

Campbelltown City Council

ArtLIB: Bringing local artists and libraries together in a series of ad-lib talks

To celebrate International Women's Day, this ArtLIB session will feature contemporary Aboriginal artist, Danielle Mate Sullivan. A decedent of the Murrawarri People and Euahlay People. Danielle's work takes young urban Aboriginal people on a journey of self discovery, helping them connect to their culture and create something special that gives them an immediate sense of pride.

Date: Thursday 7 March 2019

Time: 6pm to 7.30pm

Venue: Eagle Vale Library, Cnr Feldspar Rd and Emerald Dr,
Eagle Vale

Cost: Free

Bookings: www.campbelltowncitylibrary.eventbrite.com

Campbelltown City Council

Take a Leap: Youth Forum

Council is partnering with Eagle Vale High School to deliver a unique motivational event for senior female high school students (Years 10 and 11) of Campbelltown, focusing on their aspirations, goals and achievements this International Women's Day. At this free event, students will come together to hear from a collective of inspiring women in our community, each with a varied career path and story to share. Students will also have the opportunity to 'speed meet' and network with each of our speakers and participate in an interactive and collaborative workshop designed to build self-confidence, self-worth and self-belief.

Date: Friday 8 March 2019

Time: 10am to 1pm

Venue: Eagle Vale High School, Drysdale Street, Eagle Vale

Cost: Free

Bookings: Caroline Holmes on 4645 4516 or at
caroline.holmes@campbelltown.nsw.gov.au

Bunnings Warehouse Campbelltown

Workshops for Women

Be a part of a Garden-to-Plate workshop, including creative cooking demonstrations, or try your hand at an assortment of DIY workshops for maintenance around the home such as changing locks and fly screens.

Date: Friday 8 March 2019

Venues: Bugden Place, Campbelltown

Cost: Free

Bookings: Not required. For more information contact Catherine on 4645 8400 or at campbelltown@bunnings.com.au

Campbelltown City Council

Free entry to Campbelltown Active for International Women's Day

To celebrate International Women's Day we are offering free 7 day memberships to new female members which include entry to the pool and gym facilities. Extra fitness classes will also be held during the week!

Date: Friday 8 March – Thursday 14 March 2019

Venues:

The Gordon Fetterplace Aquatic Centre – The Parkway, Bradbury
Eagle Vale Central – Emerald Drive, Eagle Vale

Macquarie Fields Leisure Centre – Fields Road, Macquarie Fields

Macquarie Fields Fitness and Indoor Sports Centre – Fields Road, Macquarie Fields

Cost: Free

Bookings: Not required. Speak to reception staff on arrival to complete a membership agreement form and participate in an induction.

Macarthur Diversity Services Initiative

International Women's Day 2019: #BalanceforBetter

A free day of celebration with information, guest speakers, a self-defense workshop, face painting, Henna Tattooing and a Pacific Island Performance – Childcare available

Date: Friday 8 March 2019

Time: 10am to 2pm

Venues: 127 Dumaresq Street (The Blue house) Campbelltown

Bookings: Jodie-Lee Charnock 0419 222 175



Campbelltown City Council

Dharawal Indigenous Guided Walk

Discover the Dharawal National Park and learn about Campbelltown's Indigenous heritage on a guided walking tour for women and children for International Women's Day. Your guides, Aunty Deidre and Dr Rowena Morris, a geomorphologist, will take you to Minerva Pools, a sacred women's place for the Aboriginal Dharawal People. The track is a grade 3 track and unsuitable for guests with additional mobility requirements.

Date: Saturday 9 March 2019

Time: 9am to 10.30am

Venue: Meet your guide at the entrance to the Dharawal National Park at the end of Victoria Road, Wedderburn

Cost: Adult \$15, Child \$10, Family \$45

Bookings: www.campbelltown.nsw.gov.au/WhatsOn/DharawalNationalParkGuidedIndigenousWalkingTour

Campbelltown City Council

Campbelltown City Challenge Walk

The Campbelltown City Challenge Walk is a not-for-profit community event that is part of Campbelltown City Council's healthy lifestyle initiative. The race will take place in the beautiful and scenic grounds of The Australian Botanic Garden, Mount Annan (entry via Narellan Road only) and participants can chose either the 6km or 11km course.

Date: Sunday 10 March 2019

Time: 8am to 11am

Venue: The Australian Botanic Gardens, Narellan Rd, Mount Annan

Cost: \$11.40 prior to the event and \$22.80 on the day of the event

Bookings: Online or entries open on the day www.campbelltown.nsw.gov.au/ChallengeWalk

Campbelltown Arts Centre

Borrowed Scenery

This exhibition showcases over 50 artworks from the Campbelltown City Council permanent collection by female-identifying artists, exploring the unique perspectives of women through art. More information on the exhibition, and closing night, are available on the website: www.c-a-c.com.au/borrowed-scenery/

Date: Open until Sunday 10 March 2019

Venue: Campbelltown Arts Centre, 1 Art Gallery Road, Campbelltown

Cost: Free

Bookings: Campbelltown Arts Centre on 4645 4100

WILMA Women's Health

Open Day

Enjoy Tai Chi, interactive demonstrations, aromatherapy with a skilled Naturopath, hand massages, healthy food and a relaxing atmosphere for women.

Date: Monday 11 March 2019

Time: 10am to Midday

Venue: 6 Budgen Place, Campbelltown (opposite Bunnings)

Cost: Free

Bookings: 4627 2955 or email wilma@wilma.org.au

Campbelltown City Council

Job Search Program: Stand Out Resume Writing

This workshop will cover all aspects of resume writing and the important factors to consider when writing a resume to stand out from the crowd! It will cover how to write your resume if you have no experience, a lot of experience or if you are returning back to the workforce. You will leave the workshop knowing how to use key words on your resume, how to write a skills/career overview section and you will know solutions to overcome common resume problems.

Date: Thursday 14 March 2019

Time: 5.30pm to 7.30pm

Venue: Staff Training Centre, Campbelltown City Council, 91 Queen St, Campbelltown

Cost: Free

Bookings: Email business@campbelltown.nsw.gov.au to secure your spot.

Campbelltown City Council

Business Workshop: Social Media 101

The Social Media 101 workshop will provide an overview of a range of social media platforms including Facebook, LinkedIn, Instagram, Snapchat, Google Plus and YouTube.

From setting up your business through to creating a social media strategy on each platform, you will leave the workshop completely informed and ready to begin promoting your business or service on your desired social media platforms.

Date: Monday 18 March 2019

Time: 5.30pm to 7.30pm

Venue: Staff Training Centre, Campbelltown City Council, 91 Queen St, Campbelltown

Cost: Free

Bookings: Email business@campbelltown.nsw.gov.au to secure your spot.

Campbelltown City Council

Women in the Workplace Symposium

The Women in the Workplace Symposium will provide an opportunity for local Campbelltown women to network with other like-minded women and to receive practical advice and motivation from expert speakers across a range of topics. The symposium aims to provide inspiration to all women and seeks to empower them to achieve personal and professional success.

Date: Wednesday 20 March 2019

Time: 5pm to 7.30pm

Venue: Campbelltown Arts Centre, 1 Art Gallery Road, Campbelltown

Cost: Free

Bookings: Ishan Acharya on 4645 4076

Macarthur Diversity Services Initiative

Butterfly: Empowering Women's Personal Development

A free mental health information session for women on setting personal development goals.

Date: Thursday 21 March 2019

Time: 10am to 1pm

Venue: 127 Dumaresq Street, Campbelltown

Cost: Free

Bookings: Jacqueline Lobo, MDSI CAPP Coordinator on 4627 1188

Campbelltown City Council

Job Search Program: Addressing Selection Criteria & Target Questions with Confidence

The workshop will cover the best way to tackle lengthy job applications which require you to address criteria and target questions. Save time by coming to this workshop and learn the most effective way to describe your experience to appeal to the employer. You will learn the STAR technique and practice this in the workshop. You will leave feeling more confident with the knowledge and skills in addressing selection criteria and target questions effectively.

Date: Thursday 28 March 2019

Time: 5.30pm to 7.30pm

Venue: Staff Training Centre, Campbelltown City Council, 91 Queen St, Campbelltown

Cost: Free

Bookings: Email business@campbelltown.nsw.gov.au to secure your spot.

